

## ULTRASOUND BODY CONTOURING

Fat Ultrasound Body Contouring sculpts your figure and enhances your silhouette by reducing stubborn pockets of fat without the need for invasive surgery such as liposuction.

### HOW DOES ULTRASOUND BODY CONTOURING WORK?

Ultrasound Body Contouring is a medically-established scientific principle that works by applying ultrasound energy to the targeted area of fat cells, converting the fat to a liquid state. The fatty acids are then dispersed and processed through the lymphatic system - your body's natural filtration system. Ultrasound Body Contouring is specially designed to treat only the targeted fatty areas and not affect surrounding tissue.

### WHICH AREAS OF THE BODY CAN ULTRASOUND BODY CONTOURING TREAT?

Ultrasound Body Contouring is great for treating all the most common areas of stubborn fat such as the abdomen, bra line, buttocks, thighs, 'love handles' and upper arms. It's also highly effective in reducing cellulite and smoothing out problem areas such as the buttocks and thighs.

### WHAT DOES THE TREATMENT FEEL LIKE?

Ultrasound Body Contouring treatment is completely non-surgical, non-invasive and doesn't require anaesthesia. Most clients describe the treatment as painless and comfortable. Some clients even find the warm sensation in the targeted area during treatment quite relaxing.

### CAN I GET ON WITH MY DAY AFTER TREATMENT?

Yes! Ultrasound Body Contouring treatments require absolutely no downtime, so you can go about your usual daily activities following your sessions.

### HOW MANY TREATMENTS WILL I NEED?

Depending on your individual situation (which we will assess during your consultation), you may need anywhere between 6 and 12 treatments for optimum results. You'll start to feel the effects after the very first treatment and by the third treatment you should begin to see real improvements take place. Treatments are spaced at one-week intervals to allow your body to flush out the fat released during the process of Ultrasound Body Contouring.

### FOR BEAUTIFUL RESULTS FOLLOWING YOUR TREATMENT...

We recommend drinking plenty of fresh water following your Ultrasound Body Contouring treatments as this will greatly help the process of removing the fatty acids naturally from your body.

A healthy diet and regular exercise is also the best way to maintain your results and keep you looking good and feeling great.